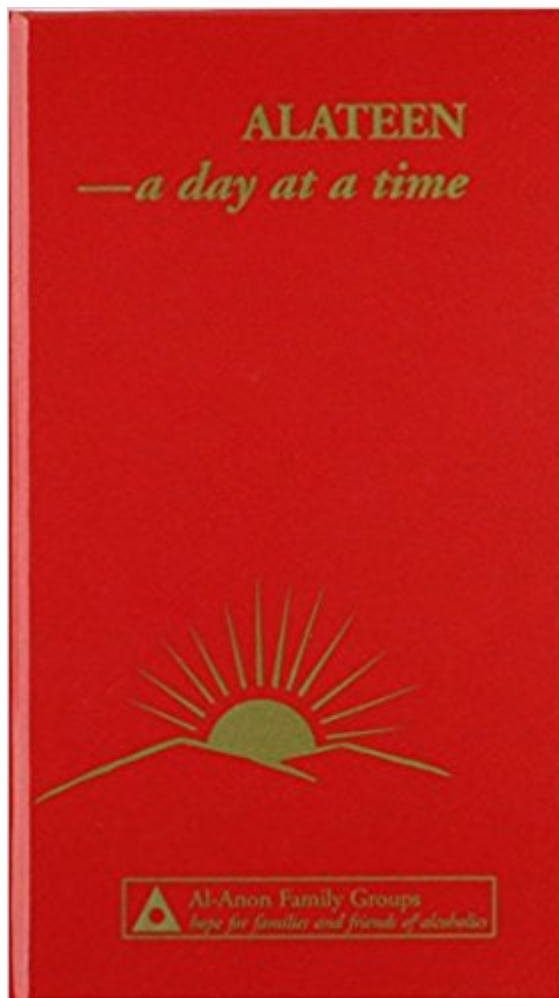


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Alateen, A Day At A Time



Synopsis

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Book Information

Hardcover: 379 pages

Publisher: Al-Anon Family Group Headquarters, Inc.; a edition (December 12, 1989)

Language: English

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Product Dimensions: 6.3 x 3.9 x 1 inches

Shipping Weight: 10.4 ounces

Average Customer Review: 4.6 out of 5 stars 23 customer reviews

Best Sellers Rank: #156,877 in Books (See Top 100 in Books) #16 in [Books > Teens >](#)

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Customer Reviews

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This was the perfect companion for my ODAT. I share this with my children in the morning in order to start offering them spiritual principals, it's a great way for us to start the day.

Written with the younger audience in mind, this book does a good job of providing the point of view for the young family member who lives in a home with alcoholics/addicts.

If you are a teenager and have a friend, or family member, who is an alcoholic you should read this book.

Good for anyone who is part of a family with alcoholism. Applicable to any age. Written for teens and from their experience.

Every teen should have one, if alcohol and or drugs are in there family's.

I bought this book for my granddaughter who is only 10. I hope someday we have a conversation

about recovery and I will give her the book to start her journey. Right now it is tucked away. I read some of the pages and I like the content very much. I hope my granddaughter finds serenity in its pages someday.

good book

Cannot say how much help this book was....can only hope. It was a gift for a young person that needs support.

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